

years of SWAPPING GROWING LOCAL SEEDS

What is Seedy Saturday?

We are a local event that offers growers at all stages and ages the chance to share their own seeds, exchange tips and experiences, browse local products and aet involved in community activities. Every year there's lots to see and do with something for all the family.

Alongside the community seed swap, this 11th anniversary event has stalls selling seeds and potatoes, spring bulbs, fruit bushes and trees, cottage perennials, herbs, homemade produce, local crafts, plant-based products and aifts. Plus. there's candle-making for kids of all ages, expert talks and advice, and tasty treats from the kitchen café.

By growing, saving and swapping seeds, you can help to keep some wonderful old varieties alive, conserve biodiversity and create locally adapted varieties.

So come and 'Get Seedy!' Bring your seeds, family & friends, and let's have fun swapping, sharing, growing & learning.

sponsored by



BEANS AND HERBS



the Connies

tea room

in association with





Enter our prize draw for your chance to win one of three prizes!

If you would like to be kept informed of future events, including next year's event to be held on Saturday 13 March 2021, please write your name and address on the back of this slip, bring it with you to Seedy Saturday 2020 and pop it in the box on the Get Seedy! stand. You will then be entered into our prize draw with a chance to win...

> 1st prize - £20 gift voucher and seeds 2nd prize - £10 gift voucher and seeds 3rd prize - £5 gift voucher

Seedy Saturday

The 11th Seed Swap, **Potato Day** & Green Fair

Entry £1 **UNDER 16s FREE**

Saturday 14 March 2020 10am - 2pm

The Conygre Hall, Timsbury, BA2 OJQ

- Bring seeds to swap or make a donation (50p per packet) if you have no seeds to exchange
- Browse heritage and organic seeds, potatoes, onions, shallots, garlic and plants for sale from **Pennard Plants and Beans and Herbs**
- Purchase local preserves, crafts and home-grown produce

- Pick up growing tips with expert talks and advice about weeds. community farming and composting
- Fun for all the family! candle-making with **Hives and Herbals**
- Get involved locally with groups dedicated to gardening, recycling and sustainable lifestyles

 The Kitchen Café serving drinks, snacks and homemade cakes sponsored by The Connies



Get Seedy! with Seedy Saturday

 Sharing Swapping

- Growing
- Learning

- www.seedysaturday.org.uk
- seedswap@getseedy.co.uk

Exhibitors (A-Z)

Avon Wildlife Trust www.avonwildlifetrust.org.uk

Locally based environmental charity, dedicated to securing a sustainable future for wildlife and people through nature reserves, events, education,

voluntary opportunities, monitoring and research.

Beans and Herbs www.beansandherbs.co.uk

Specialising in organic seed of vegetables and herbs for home growers

and allotment holders. Huge range of bean and herb seeds.

The Community www.thecommunityfarm.co.uk

Farm Community-owned business with environmental sustainability, community

engagement and nature-friendly farming at its heart. They grow and sell 100% organic seasonal produce with profits funding learning activities for local people.

Eco-logic Books www.eco-logicbooks.com

A small ethically run company that specialises in publishing and selling

books that provide practical solutions to environmental problems.

Sarah Hamblin www.flamingopaperie.co.uk/web/sarahhamblin

Flamingo Paperie Exceptional quality, beautiful cards and aift wrap for everyday and special

occasions that you simply cannot do without!

Hebe Oil www.hebeoil.com

An organic, handmade body, face and hair oil - an all in one beautiful,

natural product for everyone, made entirely from plant-derived ingredients.

Hives and Herbals www.hivesandherbals.com

100% beeswax candles, lip balms, hand-creams, 100% cotton and beeswax

eco-friendly food wraps, tinctures and gift sets that are as 'natural as can bee'.

National Garden www.nas.ora.uk

Scheme (NGS) Around 3,700 gardens open each year for the National Garden Scheme,

sharing their passion and raising money for various nursing charities through

entry fees, teas and slices of cake.

The Organic Lady www.facebook.com/organicladygardener

Gardener Plant pots, garden tools and equipment, as well as 'Buzz bee bombs'.

Emma also runs a unique garden service tailored to individual needs.

Pennard Plants www.pennardplants.com

Potatoes, potatoes, potatoes - 50+ varieties sold by the tuber. Also, heritage vegetable and flower seeds, onion sets, rhubarb crowns, fruit bushes and trees

and unusual tubers to arow and eat. "Grow what you can't buy!"

Rosemary Murphy Perennial cottage plants for sale, including foxgloves, lupins, hollyhocks, iris,

Perennial Plants plus some small shrubs and tree seedlings may also be available.

Timmy's Chillies www.timmyschillies.com

Marmalades Made by hand locally and packed with over 50% fresh fruit, they come in a

and Jellies range of flavours and heat strengths. "Fruity and delicious, with chilli on the finish!"

Weleda Wellbeing www.facebook.com/WellbeingAdvisorStefMillsSomerset

Advisor - Stef Mills Offering advice and demonstrations on the organic and natural cosmetic range

from Weleda - the oldest organic, biodynamic skin care company in the world.

Wild Thyme Small nursery in the heart of Somerset, growing a range of beautifully scented perennials, shrubs and climbers. Also wildflowers from around the British Isles that

encourage bees, butterflies and other wildlife back to your garden.

What's Happening? **Expert Talks**

All talks will take place on the stage. Each talk will last for about 20-30 minutes, with time for questions and answers.

11.00am Weeds! What are they good for? • Helen Gray • Malago Medicinals

www.facebook.com/malagomedinicals

12.00pm Community Farming — what is it and how can you get involved?

Kim Brooks • The Community Farm • www.thecommunityfarm.co.uk

Craft Workshops

Come and make a candle with Alyson Hurst of Hives and Herbals at candle-making workshops between:

10.30am - 11.30am and 12.00pm - 1.00pm

There is a cost of £4 per candle per person to cover materials used, but you do get to take your candle home! Suitable for all ages.

Hives and Herbals will also be selling products made with honey and beeswax next to the activity area.

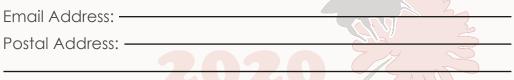
Product info: www.hivesandherbals.com

All details correct at time of going to print. Exhibitors, talks and workshop activities are subject to availability and/or change.



Enter our prize draw for your chance to win! (details overleaf)

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Terms and conditions: Only one entry per household • All entries must be made in person at Seedy Saturday 2020 • The draw will be made on Sunday 15 March 2020 and winners notified within seven days • No cash alternative will be given • You will only be contacted by Get Seedy! or Seedy Saturday • Your details will not be passed onto anyone else • You can unsubscribe at any time • Eniov vour aarden!